

# Identify appropriate patients with ADPKD for JYNARQUE® (tolvaptan), like Bob

Bob, 53—Stage 3A CKD



**Bob is physically active and eats well. He is a woodworking enthusiast who spends his free time with his wife, Susan, and their dog, Daisy.**

The rapid decline in eGFR in the last 12 months was concerning to Bob's nephrologist.

## Physical Findings and Labs:

- **Age:** 53 • **Height:** 5'9" • **Weight:** 150 lbs • **BMI:** 22
- **BP:** 125/77 mm/Hg, controlled on an ACE-inhibitor
- **Creatinine:** 1.6 mg/dL
- **Current eGFR:** 48 mL/min/1.73 m<sup>2</sup> (5 mL decline in last 12 months)
  - **eGFR:** 53 mL/min/1.73 m<sup>2</sup> 1 year ago
  - **eGFR:** 60 mL/min/1.73 m<sup>2</sup> 3 years ago

## Medical History:

- Diagnosed with ADPKD in his mid-30s when an ultrasound showed innumerable, bilateral cysts
- Abdominal pain
- Hematuria

## Family History:

- Mother developed ESKD in her early 70s. She is currently on dialysis and Bob takes her to and from her appointments

Patient image and patient case are fictional.

ACE=angiotensin-converting enzyme; ADPKD=autosomal dominant polycystic kidney disease; BMI=body mass index; BP=blood pressure; CKD=chronic kidney disease; eGFR=estimated glomerular filtration rate; ESKD=end-stage kidney disease.



## INDICATION:

JYNARQUE is indicated to slow kidney function decline in adults at risk of rapidly progressing autosomal dominant polycystic kidney disease (ADPKD).

## WARNING: RISK OF SERIOUS LIVER INJURY

- **JYNARQUE® (tolvaptan) can cause serious and potentially fatal liver injury. Acute liver failure requiring liver transplantation has been reported**
- **Measure transaminases (ALT, AST) and bilirubin before initiating treatment, at 2 weeks and 4 weeks after initiation, then monthly for the first 18 months and every 3 months thereafter. Prompt action in response to laboratory abnormalities, signs, or symptoms indicative of hepatic injury can mitigate, but not eliminate, the risk of serious hepatotoxicity**
- **Because of the risks of serious liver injury, JYNARQUE is available only through a Risk Evaluation and Mitigation Strategy program called the JYNARQUE REMS Program**

Please see **IMPORTANT SAFETY INFORMATION** on pages 4 and 5.

## Assessing ADPKD progression and treatment consideration

- Bob believed his ADPKD progresses at a **slow and steady** (but unknown) rate throughout life, and because of this, he hasn't always been consistent with his doctor visits, occasionally **missing his yearly appointments**
- At his last appointment, his nephrologist noticed a **decrease in eGFR of 5 mL/min/1.73 m<sup>2</sup> over a 1-year period**
- Based on an eGFR decline of  $\geq 5$  mL/min/1.73 m<sup>2</sup> within 1 year, Bob's nephrologist noted the **evidence of rapidly progressing ADPKD<sup>1,2</sup>**
- After further assessment, his nephrologist determined Bob was an appropriate patient and recommended he start treatment with JYNARQUE® (tolvaptan)

### SELECT IMPORTANT SAFETY INFORMATION:

#### CONTRAINDICATIONS:

- History, signs or symptoms of significant liver impairment or injury. This contraindication does not apply to uncomplicated polycystic liver disease
- Taking strong CYP3A inhibitors
- With uncorrected abnormal blood sodium concentrations
- Unable to sense or respond to thirst
- Hypovolemia
- Hypersensitivity (e.g., anaphylaxis, rash) to JYNARQUE or any component of the product
- Uncorrected urinary outflow obstruction
- Anuria

Please see [IMPORTANT SAFETY INFORMATION](#) on pages 4 and 5.

## Starting JYNARQUE® (tolvaptan)

- Bob's nephrologist **explained the benefits and risks** associated with treatment, including the risk of serious liver injury, the requirements of the REMS program, and he also reviewed the medication guide prior to starting treatment
- Concerned with his family history and rate of progression, Bob chose to go on JYNARQUE after his nephrologist explained that it has the **ability to slow kidney function decline**
- Bob's nephrologist explained that JYNARQUE may cause aquaretic side effects and advised to **drink more water to avoid thirst and dehydration**
- In addition, the office staff told Bob about the Peer Mentor Program, where he could **speak with a peer** living with rapidly progressing ADPKD about their experience taking JYNARQUE
- Based on Bob's commercial insurance coverage, his specialty pharmacy determined he was eligible for **\$10/month copay support\***

\*Assumes one 28-day supply prescription per month. If more than one prescription is filled in a calendar month, patients may pay more than \$10 in that month. Other terms and conditions may apply. REMS=Risk Evaluation and Mitigation Strategy.

### SELECT IMPORTANT SAFETY INFORMATION:

**Adverse Reactions:** Most common observed adverse reactions with JYNARQUE (incidence >10% and at least twice that for placebo) were thirst, polyuria, nocturia, pollakiuria and polydipsia.

**References:** **1.** Gansevoort RT, Arici M, Benzing T, et al. Recommendations for the use of tolvaptan in autosomal dominant polycystic kidney disease: a position statement on behalf of the ERA-EDTA Working Groups on Inherited Kidney Disorders and European Renal Best Practice. *Nephrol Dial Transplant*. 2016;31(3):337-348. **2.** Kidney Disease: Improving Global Outcomes (KDIGO) CKD Work Group. KDIGO 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease. *Kidney Intern Suppl*. 2013;3(1):1-150. **3.** Irazabal MV, Rangel LJ, Bergstralh EJ, et al. Imaging classification of autosomal dominant polycystic kidney disease: a simple model for selecting patients for clinical trials. *J Am Soc Nephrol*. 2015;26(1):160-172. **4.** Magistroni R, Corsi C, Martí T, Torra R. A review of the imaging techniques for measuring kidney and cyst volume in establishing autosomal dominant polycystic kidney disease progression. *Am J Nephrol*. 2018;48:67-78.

Please see **IMPORTANT SAFETY INFORMATION** on pages 4 and 5.



## INDICATION and IMPORTANT SAFETY INFORMATION for JYNARQUE® (tolvaptan)

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### IMPORTANT SAFETY INFORMATION:

#### WARNING: RISK OF SERIOUS LIVER INJURY

- JYNARQUE® (tolvaptan) can cause serious and potentially fatal liver injury. Acute liver failure requiring liver transplantation has been reported
- Measure transaminases (ALT, AST) and bilirubin before initiating treatment, at 2 weeks and 4 weeks after initiation, then monthly for the first 18 months and every 3 months thereafter. Prompt action in response to laboratory abnormalities, signs, or symptoms indicative of hepatic injury can mitigate, but not eliminate, the risk of serious hepatotoxicity
- Because of the risks of serious liver injury, JYNARQUE is available only through a Risk Evaluation and Mitigation Strategy program called the JYNARQUE REMS Program

### CONTRAINDICATIONS:

- History, signs or symptoms of significant liver impairment or injury. This contraindication does not apply to uncomplicated polycystic liver disease
- Taking strong CYP3A inhibitors
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- Uncorrected urinary outflow obstruction
- Anuria

**Serious Liver Injury:** JYNARQUE can cause serious and potentially fatal liver injury. Acute liver failure requiring liver transplantation has been reported in the post-marketing ADPKD experience. Discontinuation in response to laboratory abnormalities or signs or symptoms of liver injury (such as fatigue, anorexia, nausea, right upper abdominal discomfort, vomiting, fever, rash, pruritus, icterus, dark urine or jaundice) can reduce the risk of severe hepatotoxicity. To reduce the risk of significant or irreversible liver injury, assess ALT, AST and bilirubin prior to initiating JYNARQUE, at 2 weeks and 4 weeks after initiation, then monthly for 18 months and every 3 months thereafter.

Please see [FULL PRESCRIBING INFORMATION](#), including **BOXED WARNING**.

(continued on next page)

## IMPORTANT SAFETY INFORMATION for JYNARQUE® (tolvaptan) (cont'd)

**Hypernatremia, Dehydration and Hypovolemia:** JYNARQUE therapy increases free water clearance which can lead to dehydration, hypovolemia and hypernatremia. Instruct patients to drink water when thirsty, and throughout the day and night if awake. Monitor for weight loss, tachycardia and hypotension because they may signal dehydration. Ensure abnormalities in sodium concentrations are corrected before initiating therapy. If serum sodium increases above normal or the patient becomes hypovolemic or dehydrated and fluid intake cannot be increased, suspend JYNARQUE until serum sodium, hydration status and volume status parameters are within the normal range.

**Inhibitors of CYP3A:** Concomitant use of JYNARQUE with drugs that are moderate or strong CYP3A inhibitors (e.g., ketoconazole, itraconazole, lopinavir/ritonavir, indinavir/ritonavir, ritonavir, and conivaptan) increases tolvaptan exposure. Use with strong CYP3A inhibitors is contraindicated; dose reduction of JYNARQUE is recommended for patients taking moderate CYP3A inhibitors. Patients should avoid grapefruit juice beverages while taking JYNARQUE.

**Adverse Reactions:** Most common observed adverse reactions with JYNARQUE (incidence >10% and at least twice that for placebo) were thirst, polyuria, nocturia, pollakiuria and polydipsia.

### Other Drug Interactions:

- **Strong CYP3A Inducers:** Co-administration with strong CYP3A inducers reduces exposure to JYNARQUE. Avoid concomitant use of JYNARQUE with strong CYP3A inducers
- **V<sub>2</sub>-Receptor Agonist:** Tolvaptan interferes with the V<sub>2</sub>-agonist activity of desmopressin (dDAVP). Avoid concomitant use of JYNARQUE with a V<sub>2</sub>-agonist

**Pregnancy and Lactation:** Based on animal data, JYNARQUE may cause fetal harm. In general, JYNARQUE should be discontinued during pregnancy. Advise women not to breastfeed during treatment with JYNARQUE.

To report SUSPECTED ADVERSE REACTIONS, contact Otsuka America Pharmaceutical, Inc. at 1-800-438-9927 or FDA at 1-800-FDA-1088 ([www.fda.gov/medwatch](http://www.fda.gov/medwatch)).

Please see [FULL PRESCRIBING INFORMATION](#), including **BOXED WARNING**.

# Talk to your sales representative or visit [JYNARQUEhcp.com](http://JYNARQUEhcp.com) to learn more about appropriate patient types for JYNARQUE® (tolvaptan)



**Bob, 53—Stage 3A CKD**

His rapidly declining eGFR is evidence of rapidly progressing ADPKD<sup>1,2</sup>



**Tim, 31—Stage 2 CKD**

Mayo Classification of 1C (high risk) and TKV greater than expected for his age point to risk of rapidly progressing ADPKD<sup>3</sup>



**Julia, 40—Stage 2 CKD**

Multiple risk factors as well as her concerning kidney length are signs of risk of rapidly progressing ADPKD<sup>1,4</sup>

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TKV=total kidney volume.

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